

Post intervention care

Heart Discharge after pacemaker

After a 14–30-day period of restricted arm movement on the side of the implant, we encourage you to resume a normal lifestyle. At the time of hospital discharge, the wound will have a dressing, which can typically remain on for about 7 days. Afterward, the wound can be gently washed with soapy water. No stitches need to be removed. Modern pacemaker systems are remarkably reliable and safe, so there is no need to fear system failure. The system's battery usually lasts around 8–15 years, depending on various factors. If the battery reaches its end-of-life, it can be easily replaced. You will receive an alert card that you can keep with you in case of a medical emergency.

Pacemakers are not affected by common daily activities, such as medical detectors, microwaves, cellphone signals, or the vibrations from driving or an active lifestyle. Modern pacemakers are also safe for patients undergoing MRI scans. If you notice a red discoloration of the wound or if any component of the device becomes visible, please contact our office as soon as possible. If you have any concerns, contact your cardiologist to schedule a review.