

Discharge advice following coronary angiogram

The purpose of this leaflet is to provide you with advice following a coronary angiogram. It is our sincere hope that some of the questions or concerns you have will be addressed. Please address any other questions or concerns with your cardiologist before leaving the hospital.

NOTE: This info does not replace talking with medical professionals.

Going home

You will normally be discharged on the day following the procedure. Please make sure you get your report from the doctor, from the nursing staff plus any other supporting documents. If you have to climb stairs and you had the angiogram done through the groin makes sure you climb with the "healthy" leg first or prevent bleeding or swelling of the puncture area in the groin. Monitor the puncture site for progressive bruising or swelling and immediately report this to your cardiologist.

Driving

You are allowed to drive on the day following your angiogram, provided that you have mobilized well in the ward, and no other specific instructions were given to you by the cardiologist.

Pain relief

Upon discharge most people do not have any discomfort or pain after the procedure. If you feel any discomfort from the puncture site, you may use simple painkillers.

Medication

You may resume all your usual medication after an coronary angiogram, unless otherwise specified by your cardiologist.